



## ST. ANN'S COLLEGE FOR WOMEN

(Affiliated to Acharya Nagarjuna University,

Recognized Under Section 2(f) of UGC Act 1956-New Delhi)

Amaravathi Road, Gorantla, Guntur – 522034 (A.P)

Email: [st\\_anns\\_coll@yahoo.co.in](mailto:st_anns_coll@yahoo.co.in) Website: [www.stannscollegeforwomen.org](http://www.stannscollegeforwomen.org)

### DEPARTMENT OF PHYSICAL EDUCATION

#### CIRCULAR

Date:25-07-2022.

The Department of Physical Education is going to conduct a Training Programme on, “**Kabaddi**” .All the students are advised to attend the Training Programme on 06-09-2022 in college premises.



*D. J. F. Stehne*

PRINCIPAL  
Principal  
St. Ann's College for Women  
GORANTLA, GUNTUR-522 034



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### DEPARTMENT OF PHYSICAL EDUCATION

**Name of the Activity** : “Kabaddi”

**Date** : 04-08-2022

#### Activity Objectives:

- Sports and Games Enhance Social Relationships.
- Games make students emotionally strong.
- Students have a great career in Sports.
- Sports are Directly Proportional to Health.
- Sports Eliminates Stress.
- Develop Leadership Skills.
- Learn to perform better and achieve success In their Life.
- To impart effective practical knowledge and skills in Sports and Games.

#### Report:

The planning and execution of Sports and Games activities 2022 has been done under the effective leadership guidance and wise counselling of Principal Rev Dr. Sr. Fatima Rani.P to bring out of the importance of Physical Fitness and students are actively participated in Volley Ball Tournament Scheduled from 06-09-2022 to 09-12-2022.

Many of our Students could participate in various Games and Sports activities, Inter Collegiate and University level.



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**Practicing Kabaddi**



*D.S.F.*  
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